

MOCK RESULTS DAY

Shake It Off and Step Up

Mock results day can be nerve-racking for students. What happens after they receive their results? For some, there will be smiling faces and for others, possibly feelings of failure that can affect the will to perform well in the future.

Whatever grades your students obtain, we highlight the fact that these are only the mocks (a test-run to the real thing). Let's explore how we got these grades and get motivated to work harder and achieve our desired results.

We kick-off with music to shake the 'often' gloom in the room. From there we share inspiring stories and key techniques to cope with emotions and rebuilding confidence.



THE WORKSHOPS

Assembly | Half day | Full day

Your presentation, delivery and execution of your story telling had our audience mesmerised. - Geoff Schumann - Event Organiser + Comedian



SESSION COVERS

- The emotion cycle
- Time management
- Effective revision and the importance of revision classes
- Goals and aspirations
- Memory techniques

SESSION OUTCOMES

- Understanding the emotion cycle
- Demonstrate greater confidence towards learning
- Recognise attained mock results as a learning curb
- Recognizing

R.S.V.P

REASONING | SOUND | VISUAL | PHYSICALITY

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